



BITT PUBLIC SCHOOL

Knowledge Is Power | An English Medium Co-educational School

A NEW GIFT OF WISDOM BY BITT IN RANCHI CITY

Date: 08-05-2020

Class – 6

Subject – Science

1. Fill in the blanks:-

I. Lack of vitamins and minerals in our diet causes severaldiseases.

II. Pulses are rich in

III. Carbohydrates provideto our body.

IV. Goitre is caused due to deficiency of in our diet.

V. is called sunshine vitamin

2. Why are fats important for the body?

3. Define balanced diet? Is this same for all persons?

4. Mention the food constituents which may be lacking in one's diet in case of the following:-

I. A person suffering from anaemia.

II. A boy suffering from poor eyesight.